



GLUTEN FREE MENU

EAT | DRINK | RELAX

STARTERS

Chef's soup of the day	£2.95
Homemade smooth chicken liver pâté, toasted gluten free bread and onion relish	£5.25
Prawn & tomato cocktail tossed in Marie Rose sauce with gluten free bread	£6.10
BBQ chicken wings with hot sauce and crisp side salad	£5.95
Grilled goats cheese with chutney and poached peppers	£6.10

MAIN COURSES

Crispy Parma ham & goats cheese salad	£8.95
rocket, walnuts, spinach and mixed leaves with balsamic dressing.	
Gluten free pasta with Squid, mussels and prawns with garlic, herbs and chilli	£8.50
Seared salmon	£11.50
with wilted greens and garlic roast potatoes.	
Chargrilled rib eye steak	£14.95
roasted tomatoes mushrooms and jacket potato with sour cream.	
Roast chicken and vegetable risotto topped with fresh rocket leaves	£12.50
Four egg omelette	£6.95
loaded with mixed peppers, red onion, mushrooms, cheddar cheese and mozzarella, served with a jacket and salad on the side.	
BBQ chicken breast	£11.90
topped with crispy bacon and cheese smothered in BBQ sauce. Served with coleslaw, a jacket and a side salad.	
Hickory pork ribs	£8.50
glazed in our famous BBQ sauce. Served with a jacket, coleslaw, side salad and extra BBQ sauce on the side.	

DESSERTS

Mixed fresh fruits and iced sorbet	£5.75
Banana and salted caramel sundae	£5.75
Mixed berry pavlova and ice cream	£5.75
Naked crème brulee	£6.25